

# CONFERENCE SCHEDULE SUMMARY

## Tuesday, September 28

9:00 Registration for Institute  
 9:30 - Noon Pre-Conference Institute  
 Noon - 1:00 Institute Lunch at the DECC  
 1:00 - 5:00 Pre-Conference Institute continues

## Wednesday, September 29

8:00 Registration for Institutes  
 8:30 - 11:30 Pre-Conference Institutes  
 10:00 - 1:00 Conference Registration  
 10:00 Exhibit Hall Opens  
 1:00 - 2:30 Welcome & Opening Address  
 2:30 - 2:45 Break  
 2:45 - 4:00 Concurrent Sessions  
 4:00 - 4:15 Break  
 4:15 - 5:30 Concurrent Sessions  
 5:30 - 6:30 Welcome Reception  
 6:30 - 7:30 Evening Sessions

## Thursday, September 30

7:00 - 8:15 Networking Breakfast  
 8:30 - 9:45 Plenary Session  
 9:45 - 10:00 Break  
 10:00 - 11:00 Concurrent Sessions  
 11:00 - 11:30 Extended Break with Bonus Session  
 11:30 - 12:45 Concurrent Sessions  
 12:45 - 2:00 Banquet & Awards Luncheon  
 2:00 - 3:30 Concurrent Sessions  
 3:30 - 4:00 Extended Break  
 4:00 - 5:30 Concurrent Sessions  
 6:00 Optional Dinner & Social Activity

## Friday, October 1

7:30 - 8:30 Wake-Up to Wellness  
 8:30 - 9:45 Concurrent Sessions  
 9:45 - 10:00 Break  
 10:00 - 11:15 Concurrent Sessions  
 11:20 - 12:30 Closing Address  
 12:30 Participant Raffle Drawing

# PRE-CONFERENCE INSTITUTES

### TUESDAY, SEPTEMBER 28

9:30 am – 12:00 pm Supervision in Changing Times - C.J. Johnson, LMHP, MCSW, LMFT - Anita Kinsley, MA	<b>LUNCH</b>	1:00 – 5:00 pm Supervision in Changing Times (continued)
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### WEDNESDAY, SEPTEMBER 29

8:30 – 11:30 am Clinical Supervision Skills - C.J. Johnson, LMHP, MCSW, LMFT - Anita Kinsley, MA	<b>- OR -</b>	8:30 – 11:30 am From the Baby's Point of View: Ensuring the Development of Mentally Healthy Children - Terrie Rose, PhD
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# WEDNESDAY, SEPTEMBER 29\*

Track	1:00	2:45-4:00	4:15-5:30	5:30	6:30-7:30
Child Mental Health: Engaging Families		Engaging Parents Using Family-Driven Treatment - Lynne Peterson	Preaching to the Choir: I Didn't Know It, But I Really am Making a Difference! - Mike Coyne, MA, LADC, CPP		Rejuvenating Through Play & Art - Beth Prewett, MS, LPCC - Lynette Olds, MSW, LICSW - Connie Hayes, BA
Child MH: Developmental Interventions		Staying Out of Power Struggles: Effectively Treating Oppositionally Defiant Kids - Dean Grace, EdD	Building Developmental Assets with At-Risk Youth: A Strength-Based Model of Treatment - Dean Grace, EdD		
Community Psychiatric Services		Treating Schizophrenia in Seniors - John Simon, MD	The Role of Sleep in Behavior, Diagnosis and Treatment - David Swenson, PhD, LP		
Recovery and Health	<b>WELCOME AND OPENING ADDRESS</b>	Eight Steps of Recovery Planning - Lori Ashcraft, PhD, CPRP	Peer Support Network: A Unique Model of Recovery, Support and Service Learning - Michael Fahey, MS, LSW - Judy Hovelson, CFNP, RN, MS	<b>WELCOME RECEPTION</b>	Complementary & Alternative Care: Homeopathy & Qigong - Kris Flaten, MDiv - Glenn Tobey, MDiv, MA, LICSW
Adult Mental Health		Rejuvenation Takes Work: How Employment Can Impact MH - Ann Macheleit, MS, CRC - Laura Weber, MA, LMFT - Diane Erkens, LGSW	The Bipolar Coaster - Riding the Edge of Madness with Two Minds - Carlton Davis		
Chemical Health: Special Populations		Substance Abuse: Working with Minnesota National Guard and Their Families - Christine Dawson, LADC, BES	Empowering Individuals with Brain Injury and Chemical Abuse - Annette Pearson, MS, LADC, CBIS		
Drug Abuse Trends		Opiates, the Next Tidal Wave - Rick Moldenhauer, MS, LADC, ICADC, LPCC	Not What the Doctor Ordered - Prescription Drug Abuse in MN - Rick Moldenhauer, MS, LADC, ICADC, LPCC		
Policy Collaboration and Advocacy		Rejuvenating Our Promise Through Collaborative Policy Reform - Mark Haase, JD - Cassandra Dutrieuille, MA - Sarah Walker, BA	When Advocacy Isn't Enough - Successful Mental Health Class Action Lawsuits - Dan Stewart, JD - William Dikel, MD		
Organizational Tune-Up		Mental Health & Leadership: The Use of Self for Improving Client and Organizational Well-Being - Steve Carlson, PsyD, MPNA	Knowing When You are There: Shifting Organizational Culture - Lori Ashcraft, PhD, CPRP		
New Rules for New Times		Rules! Revision of DHS Rule that Regulates Medicaid Payment for Outpatient Mental Health Services - Panel: MN DHS Adult & Children's Divisions	MN Certification for Intensive Outpatient DBT Service Providers - Julie Pearson, MSW, LISW - Suzanne Witterholt, MD		
New Approaches to Care Management		Healthcare Navigators: Avoiding Higher Levels of Care, Ensuring Client Satisfaction & Increasing Revenue - Shawna Vivant, MEd - Lorraine Pierce, MS, LP	Delivering on the Promise of Care Coordination - Karen Lloyd, PhD, LP - Kari Duong-Topp, PsyD, LP - Angela Stratig, MSW, LICSW		

\* schedule subject to change

# THURSDAY, SEPTEMBER 30\*

Track	7:30	8:30	10:00-11:00	11:30-12:45	12:45	2:00-3:30	4:00-5:30	6:00
Child & Adolescent Psychiatric Services	NETWORKING BREAKFAST	PLENARY SESSIONS	Protecting Resilience as Children Grow: Practical Applications in Everyday Interventions - Anne Gearity, LICSW, PhD	"Incredible" Parents and Kids!!!! - Gael Thompson, LICSW, MSW - Judy Ohm, BSW - Pat Landy, BA - Monica Idzelis, PhD	BANQUET & AWARDS LUNCHEON	Evidence-Based Treatment of Eating Disorders - Julie Lesser, MD - Heather Gallivan, PsyD, LP	Practical Approaches to Autism - William Sheehan, MD - Steven Thurber, PhD, ABAP LP	OPTIONAL GROUP DINNER & SOCIAL ACTIVITY
Risk and Resilience for Kids and Families			The Native American Traditions Revisited Project - a Curriculum for Families Impacted by FASD - Rosemary White Shield, PhD	Promoting Early Childhood Mental Health in the Adult Mental Health System - M. Casey Ladd, MSW, LICSW, LMFT - Catherine Wright, MS - Nancy Miller, MSW, LICSW - Linda Curran, LICSW, MEd		Rejuvenating Our Promise to People with Fetal Alcohol Spectrum Disorders - Lynne Frigaard, FAS	Healing the Wound; A Family's Journey Through Chemical Dependency - Mathias Karayan, MA, LADC	
Community Psychiatric Services			A Backstage Pass: Being a Doctor on an ACT Team - Walter Rush, MD	Identification & Early Treatment of First Episode Psychosis - Saprina Matheny, MSW, LICSW - Peter Miller, MD, FRCPC - Christine Hakala		Morbidity & Mortality in People with SMI: Responding to the Epidemic - Alan Radke, MD, MPH - Michael Trangle, MD - Sally Sales, MA, CPRP	Marijuana and Mental Illness - Kevin Turquist, MD	
Motivational Interviewing and Engagement			Motivational Interviewing: Review the Fundamentals and Principles - Suzanne EckMaahs, MINT Trainer	What's HOT in Motivational Interviewing (MI): Becoming a Change Talk Expert - Suzanne EckMaahs, MINT Trainer		What's HOT in Motivational Interviewing (MI): Becoming a Change Talk Expert - Suzanne EckMaahs, MINT Trainer	Rejuvenating Our Efforts When Meeting Up With Resistance - Julie Duncan, MA, LP - Paula Gaboury, MA, CPRP	
Recovery and Health			Inside the Real Life of Madness - Andrew Gadtke	Incorporating Recovery into Case Management Services - Sally Sales, MA, CPRP - Sharon Witt, MMA, CPRP - Michelle Zuzek, MSW, LICSW, CPRP		Photovoices of Recovery - Sharon Witt, MMA, CPRP - Ho Nguyen, BA - Byron Adams, BS - Jessi Bruehling, MA, LPCC	Understanding Harm Reduction - Paula DeSanto, MS, LSW, CPRP	
Trauma and Co-Occurring Treatment			Missing Pieces: Evidence Based Treatment for MI/CD Relapse - Stephen Casey, MEd, LADC, LISW	Treatment of Trauma in Native American Clients - Bill Fullerton, MEd, MSW, LICSW - Jessica Gourneau, PhD		ASAM: An Effective Model for Comprehensive Dual Diagnosis Treatment - David Smith, LICSW, PhD	Introduction to Trauma Informed Care - Gary Eustice, MS, LP	
Practical Therapy Skills			Suicide, Self-Harm and Related Mental Health Issues of Older Adults - Atashi Acharya, LICSW, ACSW - Joan Stauffer, MSW, LGSW	Effectiveness of Intensive Outpatient Treatment Modality in Serving Older Adults with Major Mental Illness - Katie Perzel, MSW, LICSW		A Practical Four-Step Process for Couples Therapy - Paul Springstead, PsyD, ABPP, LP	Cognitive Behavior Therapy and Eating Disorders (CBT-E): A Manual Based Treatment Protocol - Anne Marie Vorbach, PhD, LP	
Connecting Combinations of Care			Hospital to Home: Rejuvenating Health and Reducing Costs - Keith Henry, MD - Kate Bitney - Julie Grothe, CPRP, MDiv - Shawntera Hardy	Providing Integrated Care: Initial Lessons from the "Wellness PIN" - Cary Zahrbok, LICSW, MSW - Emily Schug, MSW - Mark Oster, MA, LP - Sarah Keenan, RNC - Don Allen - Patty Lauer-Roberts		Systems Care Coordination: Shared Responsibility for MH, Medical & Managed Care - Mark Skrien, MA, LP, LMFT - Elizabeth Keck, BSW, LSW - Carolyn Wheeler, MSW, LICSW - Anne Draeger, BSN, RN - Joan Monahan, BA - Kelly Harder, MSW	Transportation of Persons Needing Acute Psychiatric Care - John Anderson, MA	
Personal Development/ Professional Skills			Using Mindfulness Strategies to Treat Symptoms of Depression, Anxiety and Trauma - Tara Severts, MSW, LGSW	"Look It In the Eye" - Jim Gruba, MS, LP - Kim Matteen, BA - Virginia Spiess, MHP - Dan Woods		De-escalation 101: Helping People in Crisis - Russell Turner, MA, MS	Japanese Reiki: The Gentle Healing Art - Jody Guy-Krull, Reiki Master/Teacher	
Management and Leadership			Privacy Update: What's New with HIPAA and Data Practices? - Mary Martin, JD	Rejuvenating Your Employee Handbook - Mary Martin, JD		Leadership Excellence: Take Control of Your Destiny - Robert Dahl, MBA	Mental Health Parity: Practical Implications of New Federal Law - Ron Brand, MA - Louise Clyde, RN - Bryan Hamel, LICSW - Karen Lloyd, PhD, LP	
Evidence-Based Practices	Lessons Learned from the Behavioral Health Depression Collaborative - Jerry Storck, PhD - Pam Pietruszewski, MA - Michael Trangle, MD - Mark Skrien, MA, LP, LMFT - Steven Vincent, PhD, LP - Dan Johnson, PsyD, LP	Clinical Implementation of IDDT - David Fruehling, LICSW, MSSW, LCSW - Megan Ries, MS, LPC, NCC - Carrie Swenson, BSW, LSW	When Full-Scale ACT Isn't Possible: A Promising New Approach Called "ICRS" - Tom Witheridge, PhD, LICSW - Dave Schultz, MA - Tina Nunemacher-Tews, LSW - Jerry Storck, PhD	Evidence-Based Addiction Treatment in a Mental Health Setting - Saul Selby, MA, LADC				

\* schedule subject to change

# FRIDAY, OCTOBER 1\*

Track	7:30	8:30-9:45	10:00-11:15	11:20	12:30
Children's Services Customized for Culture	Hlub Zoo: Rejuvenating Our Promise to Help Hmong Girls and Families "Grow Well & Love Well" - Mary Vang Her, MSW - Mao Thao		Appropriate Services for Sexual Minority Youth - Timothy Denney, MS, CRC	<b>CLOSING ADDRESS</b>	<b>PARTICIPANT RAFFLE DRAWING</b>
Children's Mental Health Innovations	Attachment and Play: Strategies and Interventions to De-escalate Children and Adolescents in a Mental Health Crisis - Sarah Cross, MSW, LICSW - Kathleen Kane, LICSW				
Community Psychiatric Services	Mood Disorders Update: Referring Patients for Specialty Evaluation & Interpersonal Social Rhythm Therapy - Mark Williams, - Astrid Hoberg, DNP, RN, CNS - Grant Bauer, LICSW, MSW - Mary Jo Moore, RN, MAN, C	Maintaining Medication and Other Biological Treatments - David Kerski, MD			
Adult Mental Health	Diabetes and Health Coaching Fundamentals - Desiree Moody, RN, MSN, CNS	Continuity of Therapy and Its Importance in the Long-Term Treatment of Schizophrenia - James Mc Creath, PhD, LCSW			
Understanding Self Harm	The Bright Red Scream - Self Harm - Gary Eustice, MS, LP				
Alternative Therapies	Rejuvenating and Revitalizing with Foundation Nutrition - Sandra Spore, RN, DC, DABCI, DACBN, CCN, NMD	Rejuvenating Your Body with Hyperbaric Oxygen - Sandra Spore, RN, DC, DABCI, DACBN, CCN, NMD			
Ethics - Meets Social Worker Requirement	Effective Ethics - Michelle Gricus, LICSW, MSW				
Supervision Skills	Exploring Complexities in the Supervisory Relationship - Mark Carlson, PhD, LP - Isabel Chell, PhD, LP				
Public Policy	Legislative & Public Policy Forum - Ron Brand, MA	Health Care Reform: Key Provisions Affecting Behavioral Health Providers & Consumers - Ron Brand, MA			

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